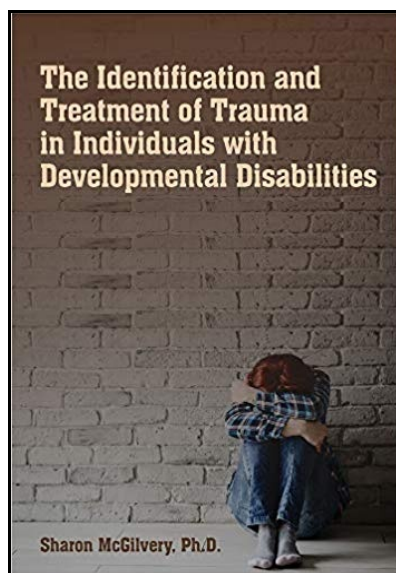


Intellectual and Developmental Disabilities

A Bibliography on Trauma and Therapy

Part One: Books

A large number of books and professional articles have been published on the treatment of children and adults with intellectual and developmental disabilities who have experienced trauma or who need therapy for other mental health conditions. This bibliography was developed by Thomas F. Coleman, J.D. for Spectrum Institute. We invite feedback about these books, articles, and other resources from practitioners, academics, service providers and others who have an interest in the topic of abuse, disability, and therapy. We welcome comments about the value and usefulness of any of the books and articles listed in this bibliography. Part One focuses on books published over the last 15 years. Part II focuses on articles, and other resources published in that same timeframe. Summaries may contain excerpts from the articles, abstracts, or websites.



Title: The Identification and Treatment of Trauma in Individuals with Developmental Disabilities

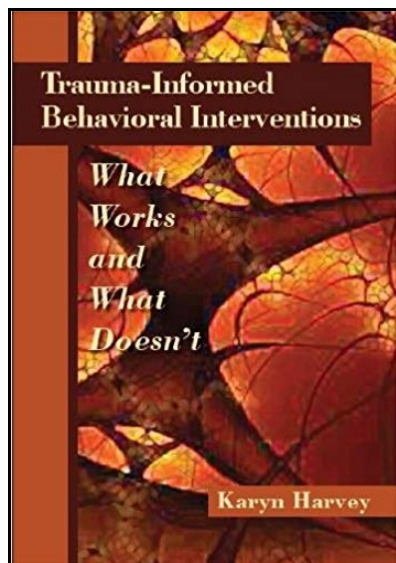
Author: Sharon McGilvery, Ph.D.

Year: 2019

Publisher: NADD

ISBN-13 978-1572561243

Publisher's Description: This book serves as a resource for both practitioners and families on the impact that trauma can have in the treatment of challenging behaviors among individuals with developmental disabilities. It outlines the principle of trauma informed care and provides practical solutions to promote healing and foster resiliency. Appreciating trauma's impact is essential in providing a whole person approach to recovery. It provides invaluable guidance and hope for those who support individuals coping with the tragedies of trauma.



Title: Trauma-Informed Behavioral Interventions: What Works and What Doesn't

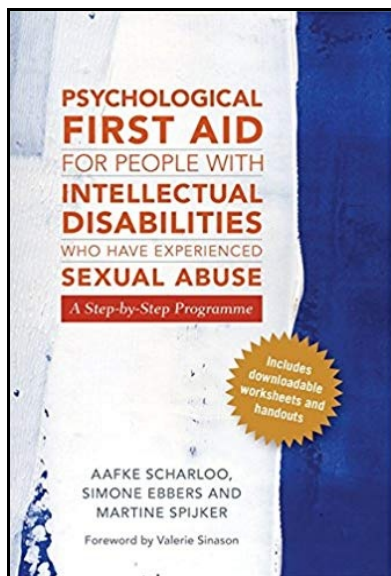
Author: Karyn Harvey

Year: 2013

Publisher: AAIDD

ISBN-13: 978-1937604165

Publisher's Description: This book gives the professionals and paraprofessionals who have dedicated themselves to this field and to the welfare of individuals with intellectual disability a trauma-informed paradigm within which to support people with intellectual disability psychologically and to establish the critical elements needed for recovery. As the author states in her introduction, "when the individual recovers, behaviors change. When the individual recovers, happiness can begin."



Title: Psychological First Aid for People with Intellectual and Developmental Disabilities Who Have Experienced Sexual Abuse

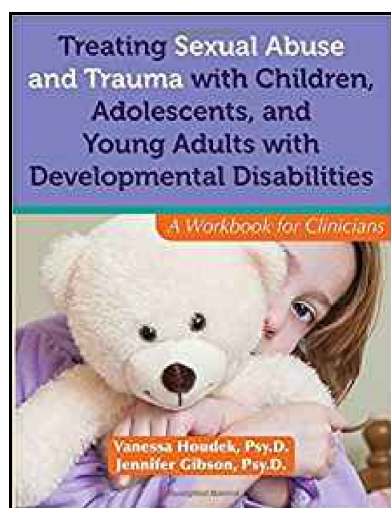
Author: Scharloo, Ebbers, and Spijker

Year: Jessica Kingsley Publishers

Publisher: 2016

ISBN-13: 978-1785921476

Publisher's Description: This book provides a complete, structured, evidence-based programme for providing therapy to survivors of sexual abuse with developmental disabilities, both adults and children. Step-by-step session plans and worksheets provide the means by which to offer effective help to clients and recover their feelings of safety and trust. Sessions are also included for helping parents and caregivers to cope with their own reactions and emotions on the discovery of the abuse.



Title: Treating Sexual Abuse and Trauma with Children, Adolescents, and Young Adults with Developmental Disabilities

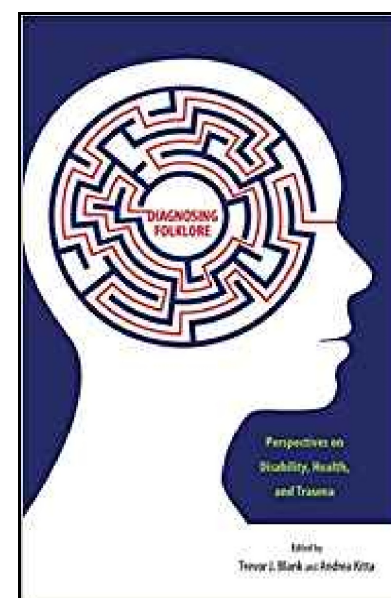
Author: Houdek and Gibson

Year: 2017

Publisher: Charles C. Thomas Publishers Ltd.

ISBN-13: 978-0398091590

Publisher's Description: This workbook was written to promote a standard in the field for clinicians to increase confidence, competence, and effectiveness in addressing child sexual abuse and trauma treatment with children, adolescents, and young adults with developmental disabilities. It is intended for use with individuals with a moderate to high functioning level.



Title: Diagnosing Folklore: Perspectives on Disability, Health, and Trauma

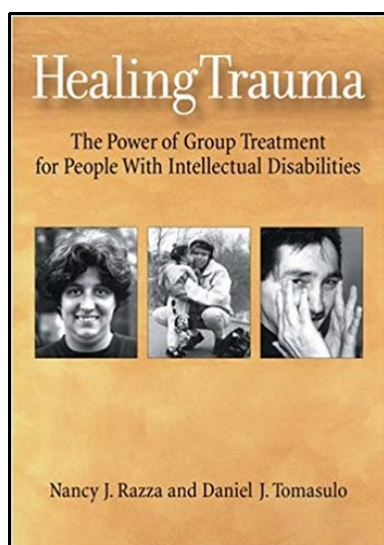
Editors: Trevor Blank and Andrea Kitta

Year: 2017

Publisher: University Press of Mississippi

ISBN-13: 978-1496814753

Publisher's Description: This book provides an inclusive forum for an expansive conversation on the sensitive, raw, and powerful processes that shape and imbue meaning in the lives of individuals and communities beleaguered by medical stigmatization, conflicting public perceptions, and contextual constraints. It aims to showcase current ideas and debates, as well as promote the larger study of disability, health, and trauma within folkloristics, helping bridge the gaps between the folklore discipline and disability studies.



Title: Healing Trauma: The Power of Group Treatment for People with Intellectual Disabilities

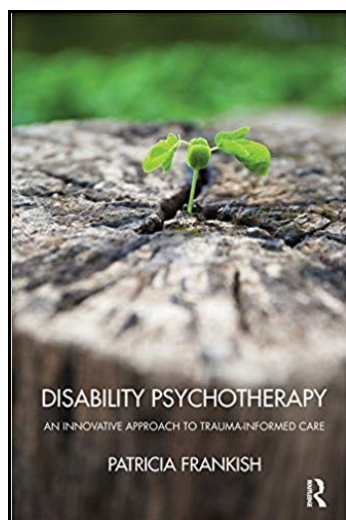
Author: Nancy Razza and Daniel Tomasulo

Year: 2004

Publisher: American Psychological Association

ISBN-13: 978-1591471608

Publisher's Description: This book is an informative guide to group therapy for an often-neglected population. Choosing group treatment as the most effective intervention, the authors describe interactive-behavioral therapy (IBT), based heavily on traditional models of group therapy and psychodrama, and modified to enhance the possibility for change in people with intellectual disabilities. The authors describe IBT sessions with great clarity, detailing each stage and task of the process, and reporting on various therapeutic factors that emerge during group therapy.



Title: Disability Psychotherapy: An Innovative Approach to Trauma-Informed Care

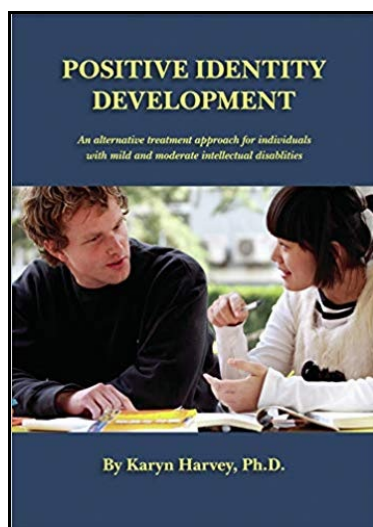
Author: Patricia Frankish

Year: 2018

Publisher: Routledge

ISBN-13: 978-1782203162

Editorial Review: Patricia Frankish has been providing therapy to people with intellectual and development disabilities for over 30 years. This book shares the influences that have shaped her approach and the model she has arrived at. The author's most significant influences have been several psychoanalytic thinkers and developmental practitioners. The book illustrates the applicability of these models in providing a psychotherapeutically-informed approach to helping and supporting people with disabilities.



Title: Positive Identity Development: An Alternative Treatment Approach for Individuals with Mild and Moderate Intellectual Disabilities

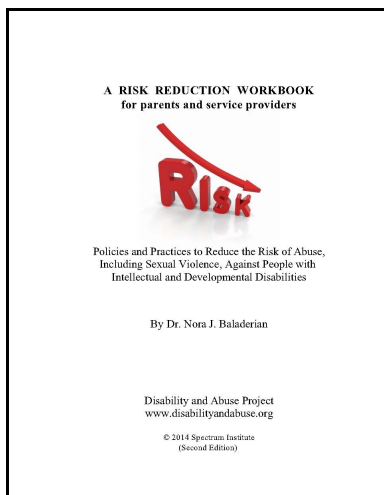
Author: Karyn Harvey, Ph.D.

Year: 2009

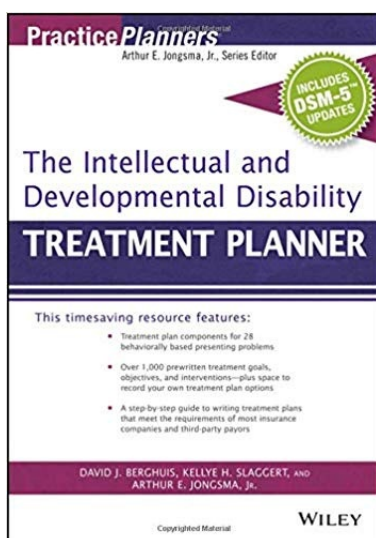
Publisher: NADD

ISBN-13: 978-1572561496

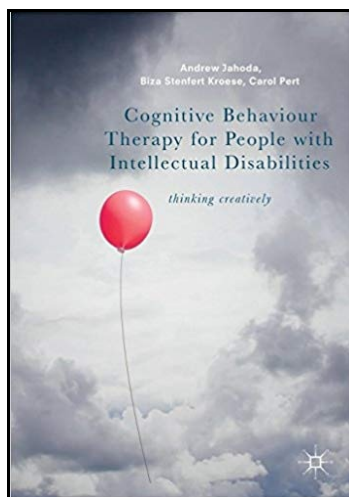
Publisher's Comments: This book provides a new theoretical perspective and a variety of innovative tools for treating individuals with developmental disabilities. It rejects reducing these adults to a mere compilation of their behaviors and instead nurtures each individual's sense of identity. This handbook shows psychologists, social workers, and therapists how to utilize the tools presented to enhance the effectiveness of the treatment they currently provide.



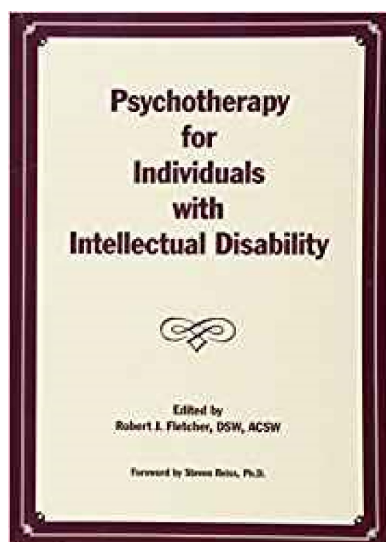
Title: A Risk Reduction Workbook for Parents and Service Providers
 Author: Nora J. Baladerian, Ph.D.
 Year: 2014
 Publisher: Spectrum Institute
 Reviews: “‘Perpetrators always have a plan...victims do not.’ That is the core message and purpose of this practical, easy to use workbook that empowers victims with I/DD and their loved ones to take action against criminal victimization and assault, even before it starts.” Leigh Ann Davis, Project and Information Specialist, Arc of the United States. [There is also a companion handbook available for higher-functioning people with intellectual and developmental disabilities.]



Title: The Intellectual and Developmental Disability Treatment Planner
 Author: Jongsma, Berghuis, and Slaggert
 Year: 2012
 Publisher: Wiley
 ISBN-13: 978-1119073307
 Publisher’s Comments: The book provides all of the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Over 1,000 clear statements describe the behavioral manifestations of each relational problem, and includes long-term goals, short-term objectives, and clinically tested treatment options for clients with intellectual and developmental disabilities.



Title: Cognitive Behavior Therapy for People with Intellectual Disabilities: Thinking Creatively
 Author: Jahoda, Kroese, and Pert
 Year: 2017
 Publisher: Palgrave Macmillan
 ISBN-13: 978-113748535
 Publisher’s Comments: This book is based on the authors’ clinical experiences of using cognitive behavioural therapy with people who have intellectual disabilities. It introduces novel approaches on how to adapt CBT assessment and treatment methods for one-to-one therapy and group interventions. The book details the challenges of adapting CBT to the needs of clients with intellectual disabilities and suggests innovative and practical solutions.



Title: Psychotherapy for Individuals with Intellectual Disability

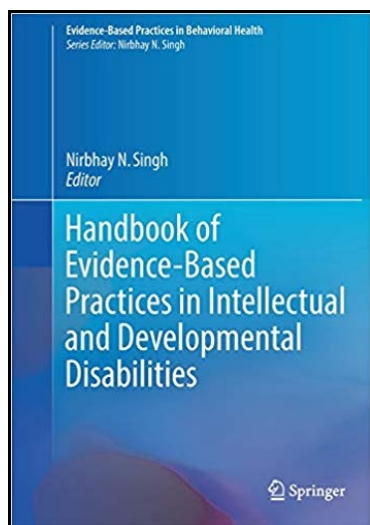
Author: Robert J. Fletcher

Year: 2011

Publisher: NADD

ISBN-13: 978-1572561281

Publisher's Comments: This book offers insightful and useful ways to provide psychotherapy treatment for individuals who have intellectual disability (ID). Discussing a variety of theoretical models and techniques, this book covers all three modalities — individual, couple, and group therapies — and addresses specialty cases, including victims of abuse. A major contribution to making psychotherapy available to individuals with ID, this book also contains a section on research, ethics, and training.



Title: Handbook of Evidence-Based Practices in Intellectual and Developmental Disabilities

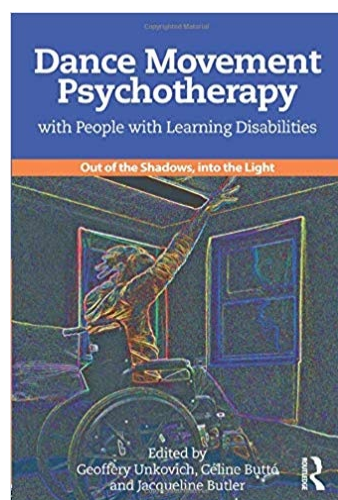
Editor: Nirbhay N. Singh

Year: 2018

Publisher: Springer

ISBN-13: 978-3319928487

Publisher's Comments: This handbook presents a diverse range of effective treatment approaches for individuals with intellectual and developmental disabilities. Expert contributions advocate for changes in treating individuals with developmental disabilities by emphasizing caregiver support as well as respecting and encouraging client autonomy, self-determination, and choice. With its quality-of-life approach, the book details practices that are person-centered, supportive, and therapeutically sound.



Title: Dance Movement Psychotherapy with People with Learning Disabilities: Out of the Shadows, Into the Light

Editor: Geoffery Unkovich

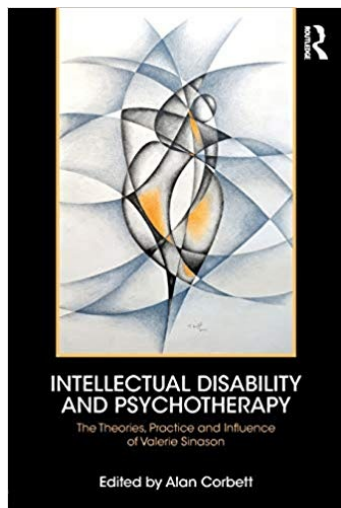
Year: 2017

Publisher: Routledge

ISBN-13: 978-1138963313

Publisher's Comments: This book provides an overview of dance movement psychotherapy for young people and adults with learning disabilities. Contributors from a variety of backgrounds examine their work with clients from across the disabilities spectrum, ranging from mild to complex needs. The book chapters present theory and practice relating to the client group and subsequent therapy processes. The book provides a practical and theoretical resource for practitioners and students of dance movement psychotherapy as well as allied

health professionals, service providers and carers.



Title: Intellectual Disability and Psychotherapy: The Theories, Practice, and Influence of Valerie Sinason

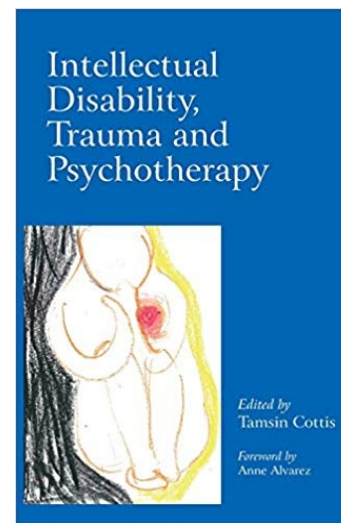
Editor: Alan Corbett

Year: 2018

Publisher: Routledge

ISBN-13: 978-1138323629

Publisher's Comments: This book charts the transformative impact of the noted psychotherapist's work with children and adults with intellectual disabilities upon both a generation of clinicians and the treatment and services delivered by them. The book includes contributions from renowned practitioners and clinicians from around the world. It shines a light on how Sinason's work opened doors for working with people who were previously thought of as unreachable.



Title: Intellectual Disability, Trauma and Psychotherapy

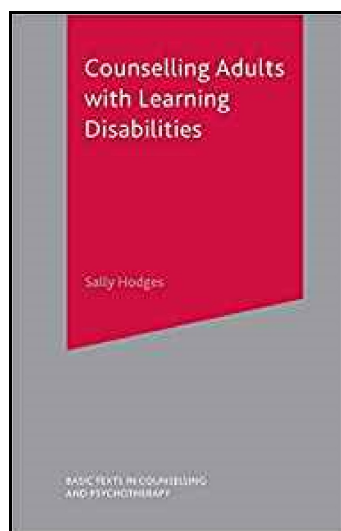
Editor: Tamsin Cottis

Year: 2008

Publisher: Routledge

ISBN-13: 978-0415421676

Publisher's Comments: This book focuses on the delivery of psychotherapy services for those with intellectual disabilities. Leading professionals in this specialist field are brought together to describe the history, theory and practice of their work in twelve focused chapters that draw on the work of psychotherapists including Bion, Winnicott, Sinason and Alvarez. This book explores the practical issues in providing therapy to this client group, whether individually, in families, in groups, or by the use of telephone counselling.



Title: Counseling Adults with Learning Disabilities

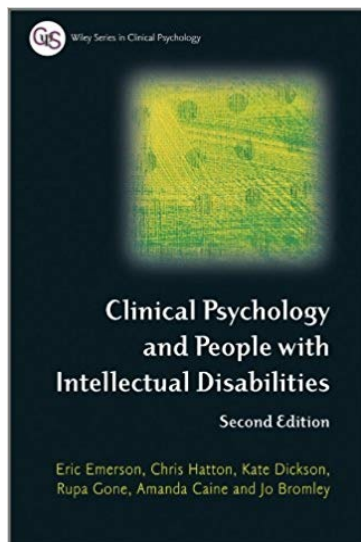
Author: Sally Hodges

Year: 2017

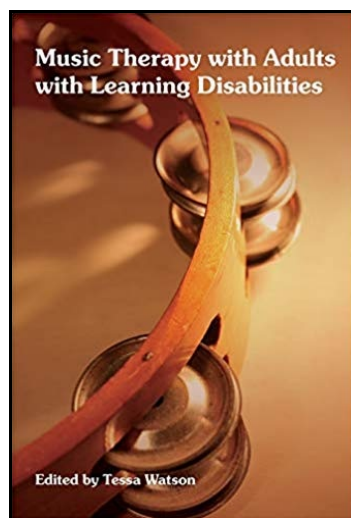
Publisher: Red Globe Press

ISBN-13: 978-0333962958

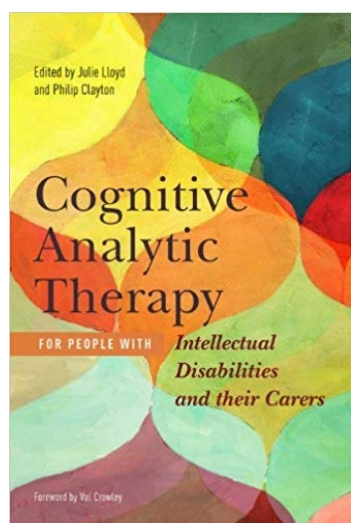
Publisher's Comments: This book draws on a psychodynamic framework to bring together current ideas and thinking in an approachable and practical way. Through vivid clinical material and case examples, the book creatively illustrates how complex theories can be translated into clinical practice. Common problems are tackled and addressed within a lifespan framework, with attention given to key issues such as: bereavement, abuse, challenging behaviors, and sexual relationships



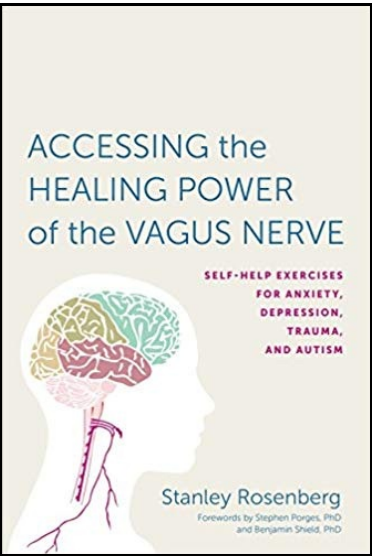
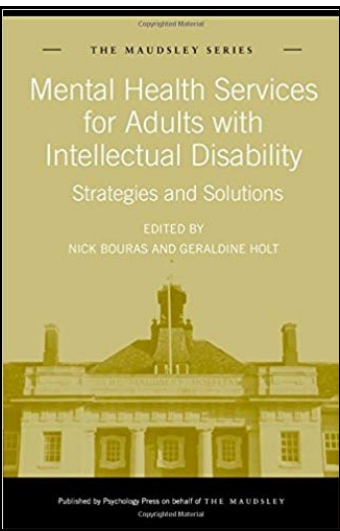
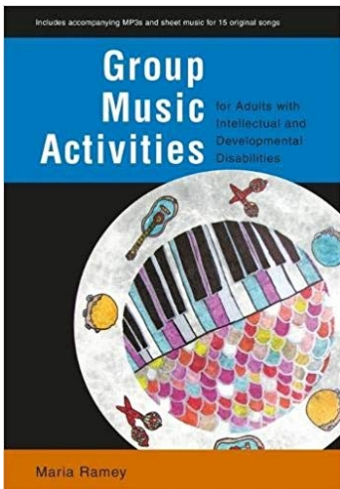
Title: Clinical Psychology and People with Intellectual Disabilities
 Author: Emerson, Hatton, Dickson, Cone, Caine, and Bromley
 Year: 2012
 Publisher: Wiley
 ISBN-13: 978-0470029718
 Publisher's Comments: This book is the most comprehensive guide to evidence-based practices for caring for people with intellectual disabilities in clinical settings. *Review*: "Aimed at both trainee and qualified clinical psychologist, this book is packed with evidence-based, relevant, in-depth as well as tried and tested knowledge and clinical skills for working with people with intellectual disabilities across the lifespan. . ." (International Journal of Positive Behavioural Support, 1 November 2014)



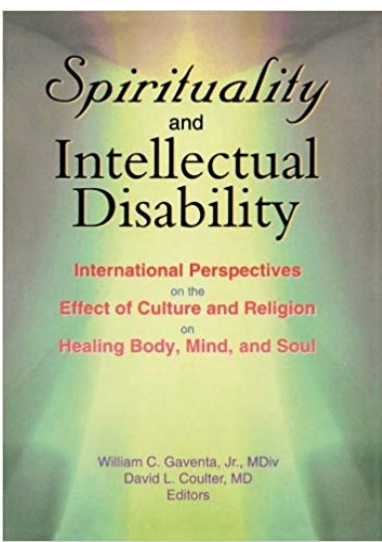
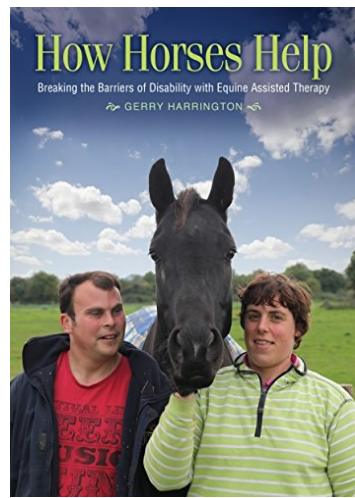
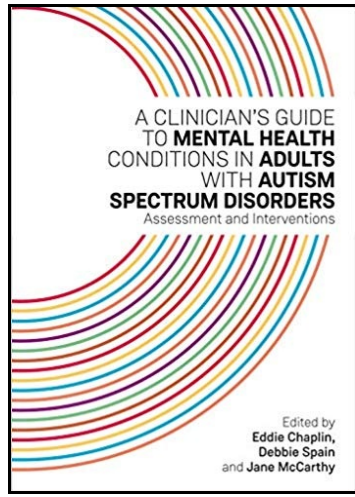
Title: Music Therapy with Adults with Learning Disabilities
 Author: Tessa Watson
 Date: 2007
 Publisher: Routledge
 ISBN-13: 978-0415379090
 Publisher's Comments: This book explores how music therapists work in partnership with people with learning disabilities to encourage independence and empowerment and to address a wide variety of everyday issues and difficulties. Many clinical examples are used, including casework with people with autism, Asperger's syndrome, profound and multiple learning disabilities and a dual diagnosis of learning disability and mental health problems. Guidelines for good practices are also provided.

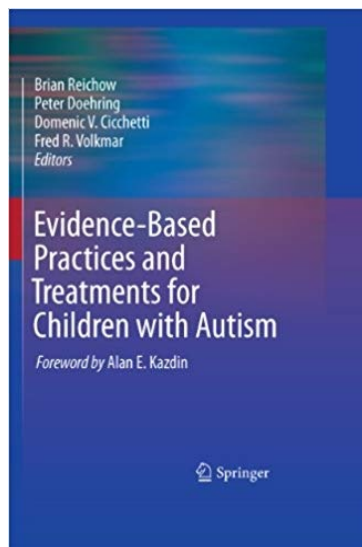


Title: Cognitive Analytic Therapy for People with Intellectual Disabilities and Their Carers
 Author: Julie Lloyd and Philip Clayton
 Year: 2013
 Publisher: Jessica Kingsley Publishers
 ISBN-13: 978-1849054096
 Publisher's Comments: With a variety of case examples and contributions from experienced clinicians, this book introduces Cognitive Analytic Therapy (CAT) in practical, user-friendly language, and for the first time guides readers on how to use it with people with intellectual disabilities. CAT and autism, CAT with people with intellectual disabilities in forensic settings and CAT with survivors of domestic abuse who have intellectual disabilities are also explored in detail.

	<p>Title: Accessing the Healing Power of the Vagus Nerve: Self-Help Exercises for Anxiety, Depression, Trauma, and Autism</p> <p>Author: Stanley Rosenberg and Benjamin Shield</p> <p>Year: 2017</p> <p>Publisher: North Atlantic Books</p> <p>ISDN-13: 978-1623170240</p> <p>Publisher's Comments: This book explores the crucial role that the vagus nerve plays in determining our psychological and emotional states and explains that a myriad of common psychological and physical symptoms indicates a lack of proper functioning in the vagus nerve. The book illustrates the simple ways we can regulate the vagus nerve in order to initiate deep relaxation, improve sleep, and recover from injury and trauma.</p>
	<p>Title: Mental Health Services for Adults with Intellectual Disabilities: Strategies and Solutions</p> <p>Editor: Nick Bouras and Geraldine Holt</p> <p>Year: 2010</p> <p>Publisher: Psychology Press</p> <p>ISBN-13: 978-1848720404</p> <p>Publisher's Comments: This book offers current evidence-based practice on how people with intellectual disability can be best cared for in clinical settings. It provides an overview of the many improvements that have been made in services for people with intellectual disability, as well as examining the shortcomings of the services provided. It offers strategies for the wide array of interdisciplinary professionals who want to develop the range of resources on offer for people with intellectual disability.</p>
	<p>Title: Group Music Activities for Adults with Intellectual and Developmental Disabilities</p> <p>Author: Maria Ramey</p> <p>Year: 2017</p> <p>Publisher: Jessica Kingsley</p> <p>ISBN-13: 978-1785929939</p> <p>Publisher's Comments: Musical games and activities can significantly improve the social, emotional, cognitive and motor skills of adults with intellectual and developmental disabilities. This versatile collection of 100 group music activities is the perfect sourcebook to provide insight to music therapists who are new to working with this client group, and inspiration to those familiar with working with adults but in need of fresh ideas.</p>

	<p>Title: Dance/Movement Therapy for Individuals with Physical and Intellectual Disabilities</p> <p>Author: Ashanti Woods</p> <p>Year: 2019</p> <p>Publisher: Independently Published</p> <p>ISBN-13: 978-1091203631</p> <p>Publisher's Comments: This book explores six themes, with one to four suggestions following each and utilizing these techniques in applying Dance/Movement Therapy (DMT) to individuals with complex disabilities—both physically and intellectually. Many of the individuals that are a part of this learning experience are wheelchair users, non-verbal, and dual-diagnosed; however, they are still capable of experiencing life through movement.</p>
	<p>Title: The Wiley Handbook: What Works for Offenders with Intellectual and Developmental Disabilities</p> <p>Editor: William R. Lindsay</p> <p>Year: 2019</p> <p>Publisher: Wiley-Blackwell</p> <p>ISBN-13: 978-1119316237</p> <p>Publisher's Comments: Written by a team of international experts, this comprehensive and informative book provides a contemporary picture of evidence-based practice for offenders with intellectual and developmental disabilities. The book will appeal to all who work in the field of offenders with intellectual and developmental disabilities, including nursing staff, social workers and probation officers, medical and psychology staff, and more.</p>
	<p>Title: Intellectual Disabilities: A Systemic Approach</p> <p>Editor: Sandra Baum and Henrik Lynggars</p> <p>Year: 2006</p> <p>Publisher: Routledge</p> <p>ISBN-13: 978-1855753167</p> <p>Publisher's Comments: This book brings together the writings of a group of practitioners who have been using systemic ideas and principles in their clinical practice. It is hoped it will inspire others to try out different ways of working with people with intellectual disabilities and their wider systems, so that they can have the choice of a wide range of therapeutic approaches. It is also hoped that systemic practitioners who are unfamiliar with this client group might give consideration to extend their practice to also work with people with intellectual disabilities.</p>

	<p>Title: Spirituality and Intellectual Disability: International Perspectives on the Effect of Culture and Religion On Healing Body, Mind, and Soul</p> <p>Author: William Gaventa and David Coulter</p> <p>Year: 2014</p> <p>Publisher: Routledge</p> <p>ISBN-13: 978-07890116850</p> <p>Publisher's Comments: With a multidisciplinary and anthropological perspective, this book explores the ways in which faith traditions, cultural backgrounds, and professional roles can help bring about a consensus about what spiritual health means within specific cultures and faiths and across disciplines. It provides information on the recognition of spirituality in health care and defining and assessing spirituality and spiritual support.</p>
	<p>Title: How Horses Help: Breaking the Barriers of Disability with Equine Assisted Therapy</p> <p>Author: Gerry Harrington</p> <p>Year: 2015</p> <p>Publisher: SRA Books</p> <p>ISBN-13: 978-07890116850</p> <p>Publisher's Comments: This book draws on the author's long experience using equine assisted therapy to help educationally and emotionally disadvantaged young adults to find their feet and live independent lives once they have left school. It takes the reader through different kinds of mental and emotional challenges which can be addressed and transformed through EAT, and demonstrates how it works in practice through case studies and stories.</p>
	<p>Title: A Clinician's Guide to Mental Health Conditions in Adults with Autism Spectrum Disorder</p> <p>Editor: Debbie Spain and Jane McCarthy</p> <p>Year: 2019</p> <p>Publisher: Jessica Kingsley Publications</p> <p>ISBN-13: 978-1785924262</p> <p>Publisher's Comments: This comprehensive and much-needed guide addresses the issues faced by clinicians in assessing and treating the range of mental health conditions, which can affect adults with Autism Spectrum Disorder (ASD). The book focuses on mood disorders, anxiety, psychosis, OCD, personality disorders, and eating disorders. It also explores broader issues having to do with promoting positive mental health and well-being.</p>



Title: Evidence-Based Practices and Treatments for Children with Autism

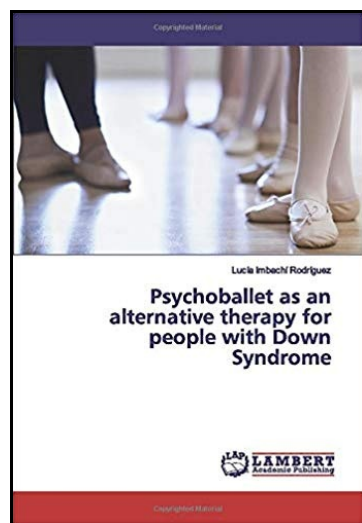
Editor: Reichow, Doehring, Cicchetti, and Volkmar

Year: 2010

Publisher: Springer

ISBN-13: 978-1441969736

Publisher's Comments: This book offers an insightful and balanced perspective on topics ranging from the historical underpinnings of autism treatment to the use of psychopharmacology and the implementation of evidence-based practices (EBPs). With its holistic and accessible approach, this book is a vital resource for school psychologists and special education professionals as well as allied mental health professionals, including clinical child and developmental psychologists, psychiatrist, pediatricians, primary care and community providers.



Title: Psychoballet as an alternative therapy for people with Down Syndrome

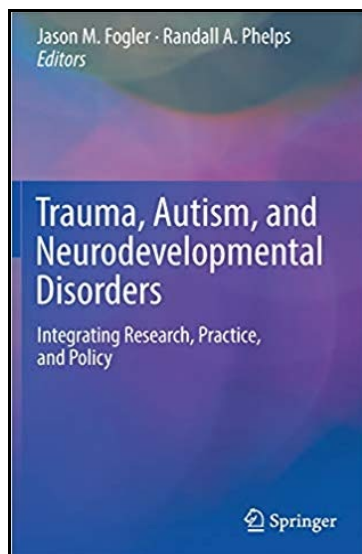
Editor: Lucia Imbachi Rodriguez

Year: 2019

Publisher: LAP Lambers

ISBN-13: 978-6200084866

Publisher's Comments: Over the years, dance has gained spotlight thanks to the benefits it provides to a person, including psychological and physical aspects. That is why, there have been developed therapeutic methods based on dancing, and one of them, born in La Habana, Cuba, is called Psychoballet. It was created with the purpose of making an accurate approach between dancing, in this case, classical ballet, and psychology for people with cognitive disabilities like Down Syndrome.



Title: Trauma, Autism, and Neurological Disorders

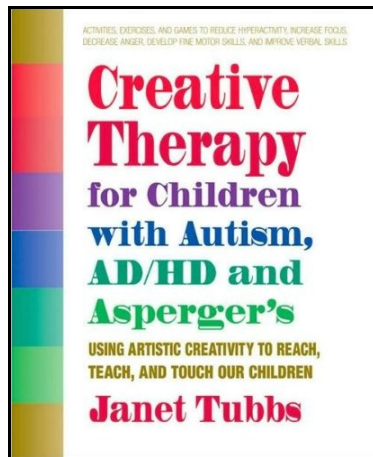
Editor: Jason Fogler and Randall Phelps

Year: 2018

Publisher: Springer

ISBN-13: 978-3030005023

Publisher's Comments: Topics featured in this book include: the neurobiological contributors to posttraumatic stress disorder (PTSD); fetal alcohol spectrum disorders and its diagnosis in children with a history of trauma; interventions for trauma and stressor-related disorders in preschool-aged children; reactive attachment disorder (RAD) and autism spectrum disorder (ASD) diagnosis and care in a cultural context; special population consideration in ASD identification and treatment; and trauma and neurodevelopmental disorders from a public health perspective.



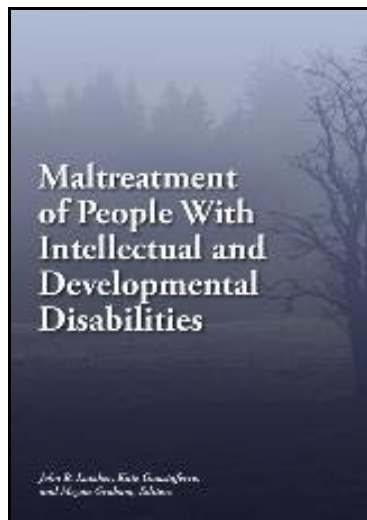
Title: Creative Therapy for Children with Autism, AD/HD and Asperger's

Author: Janet Tubb

Year: 2012

Publisher: Square One

Publisher's Comments: Over thirty years ago, Janet Tubbs began using art, music, and movement to reach children with low self-esteem and behavioral problems. Believing that unconventional children required unconventional therapies, she then applied her program to children with autism, ADD/ADHD, and Asperger's syndrome. This book is a powerful tool to help parents, therapists, and teachers work with their children.



Title: Maltreatment of People with Intellectual and Developmental Disabilities

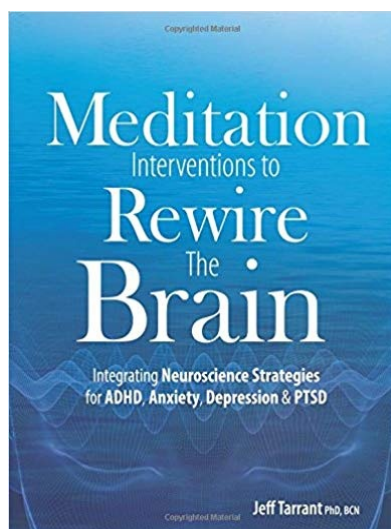
Authors: Lutzker, Guastaferro, and Benka-Coker

Year: 2016

Publisher: AAIDD

ISBN-13: 978-0996506854

Description: Chapter Eight of this volume has a section on "Treatment to Ameliorate the Sequelae of Abuse." It says that while effective therapy for abuse was limited in the 1990s, there are now a variety of therapeutic approaches that are potentially beneficial to people with I/DD. Because these approaches were developed in a clinical setting, evidence of their effectiveness has relied primarily on case examples. There have also been a few pilot studies of therapy for women who were sexually abused.



Title: Meditation Interventions to Rewire the Brain: Integrating Neuroscience Strategies for ADHD, Anxiety, Depression, and PTSD

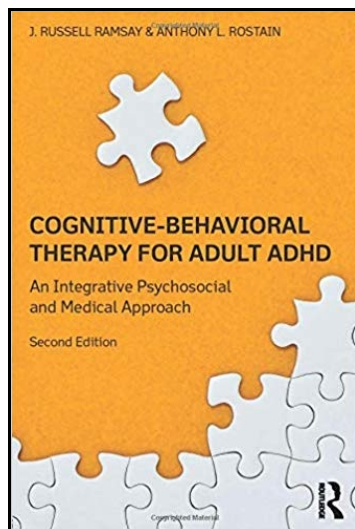
Author: Jeff Tarrant

Year: 2017

Publisher: PESI Publishing Media

ISBN-13: 978-168373072

Publisher's Comments: This book takes a practical, individual, brain-based approach to the practice of meditation. It goes beyond traditional meditation practices to include a broad collection of mind-body strategies to effectively treat ADHD, anxiety, depression and PTSD. The book contains over 50 worksheets, handouts, tips, scripts and exercises on yoga, meditation-in-motion and nature-based strategies as well as using therapeutic tools such as biofeedback, essential oils & virtual reality.



Title: Cognitive-Behavioral Therapy for Adult ADHD: An Integrative Psychosocial and Medical Approach

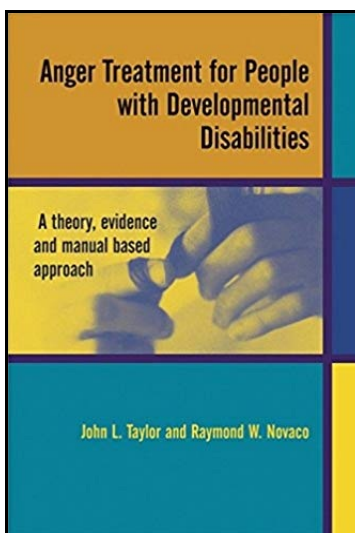
Author: J. Russell Ramsay

Year: 2014

Publisher: Routledge

ISBN-13: 978-0415815918

Publisher's Comments: This second edition has been revised, updated, and expanded. It remains the definitive book for clinicians seeking to treat adults with ADHD. Clinicians will continue to benefit from the presentation of an evidence-supported treatment approach for adults with ADHD that combines cognitive behavioral therapy and pharmacotherapy adapted for this challenging clinical population. There is also a companion patient handbook written for adults with ADHD.



Title: Anger Treatment for People with Developmental Disabilities: A theory, evidence, and manual-based approach

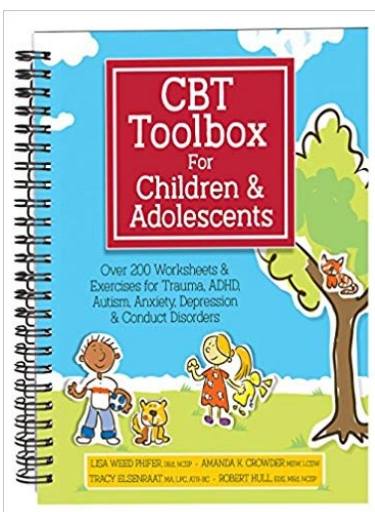
Author: John Taylor and Raymond Novaco

Year: 2005

Publisher: Wiley

ISBN-13: 978-0470870044

Reader's Review: Taylor's approach is empirically solid and backed by his own research and experience completing individual and group therapy with adults with mild and moderate intellectual impairments. The first portion of the manual covers background research on anger, aggression in people with cognitive impairments and assessment. The major chunk of the manual is a step-by-step guide to implementation of the CBT program.



Title: CBT Toolbox for Children and Adolescents: Over 200 Worksheets and Exercises for Trauma, ADHD, Autism, Depression, and Conduct Disorders

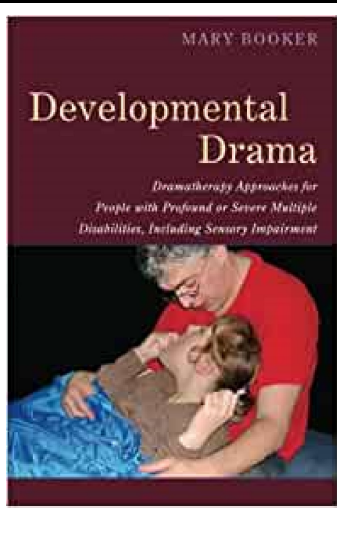
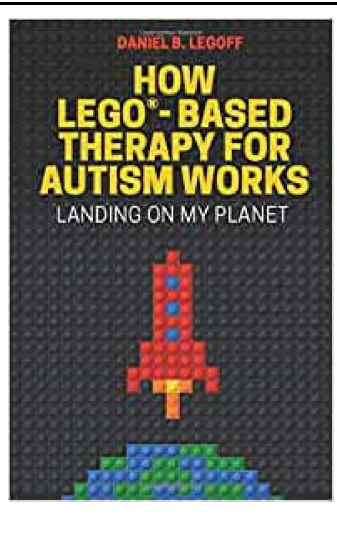
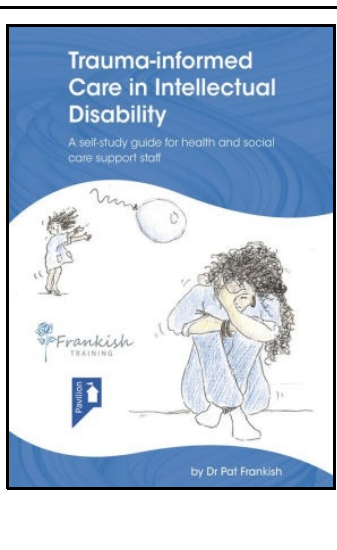
Author: Phifer, Crowder, Elsenraat, and Hull

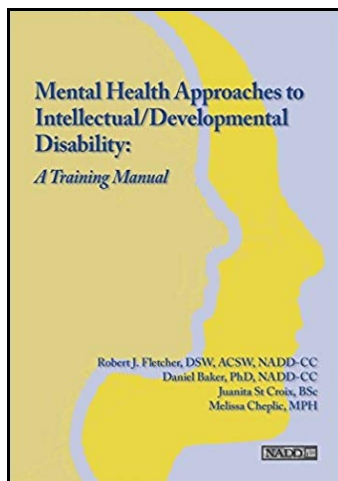
Year: 2019

Publisher: PESI Publishing and Media

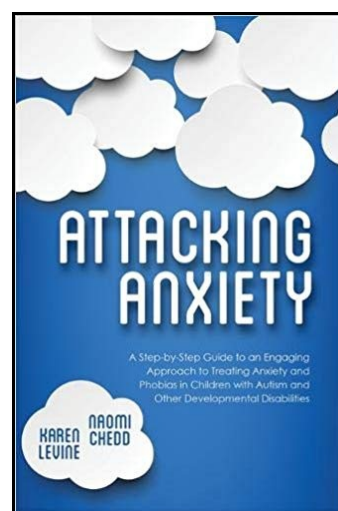
ISBN-13: 978-1683732624

Publisher's Comments: The toolbox contains over 200 easy to use activities to support therapeutic sessions, address symptomology and build cognitive, social and emotional skills in children. Dr. Phifer has expertise in developing the social emotional capacities of children and empowering service providers to reframe challenging issues with a trauma informed approach.

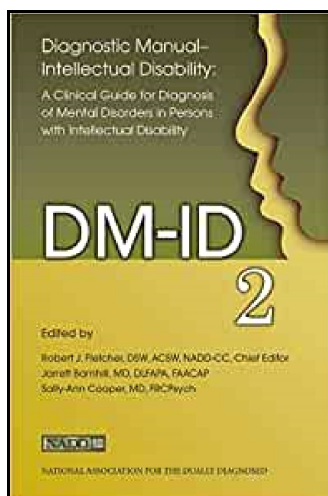
	<p>Title: Developmental Drama: Dramatherapy Approaches for People with Profound or Severe Multiple Disabilities</p> <p>Author: Mary Booker</p> <p>Year: 2011</p> <p>Publisher: Jessica Kingsley Publications</p> <p>ISBN-13: 978-1849052351</p> <p>Publisher's Comments: This is an accessible and life-saving guide for practitioners looking to use drama in work with people with severe or profound multiple disabilities but are unsure where to begin. This book shows how, through enjoying dramatic interaction, they can develop their communication skills, learn to deal with emotions more effectively and gain a greater understanding of their physical and social environment.</p>
	<p>Title: How Lego-Based Therapy for Autism Works</p> <p>Author: Daniel Legoff</p> <p>Year: 2017</p> <p>Publisher: Jessica Kingsley Publications</p> <p>ISBN-13: 978-1785927102</p> <p>Publisher's Comments: This book comprises a series of case histories of children who participated in LEGO® therapy. It traces the development of the evidence-based approach, shares the clinical insights gained along the way and highlights the principles which should be at the core of all effective treatment and educational strategies for children with ASDs. It explains how and why Lego therapy helps to promote the development of social skills for children with autism spectrum disorders (ASDs) and related conditions.</p>
	<p>Title: Trauma-Informed Care in Intellectual Disability: A Self-Study Guide for Health and Social Care Support Staff</p> <p>Author: Pat Frankish</p> <p>Year: 2020</p> <p>Publisher: Pavillion Publishing and Media Ltd.</p> <p>ISBN-13: 978-191275579</p> <p>Publisher's Comments: For years psychotherapy has been denied to people with intellectual disabilities who have experienced trauma, on the grounds that they could not benefit from it. While this has proved not to be the case and attempts are being made to redress the balance, individual psychotherapy will always be in short supply. This book will help support staff to work therapeutically.</p>



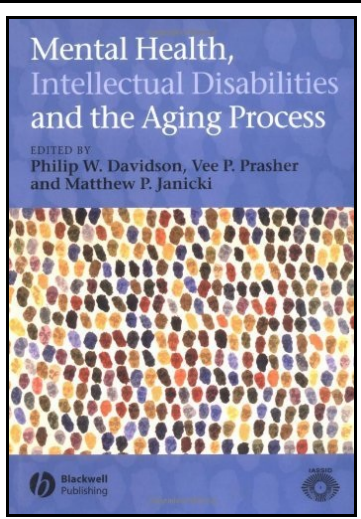
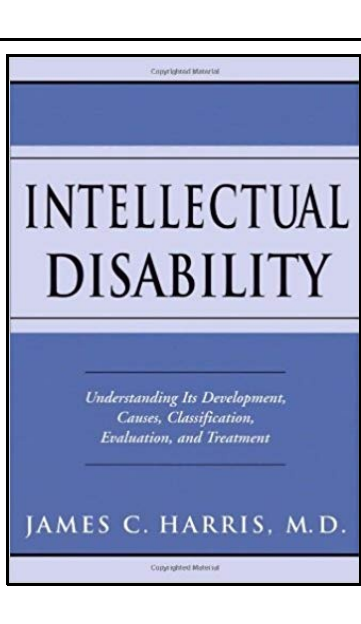
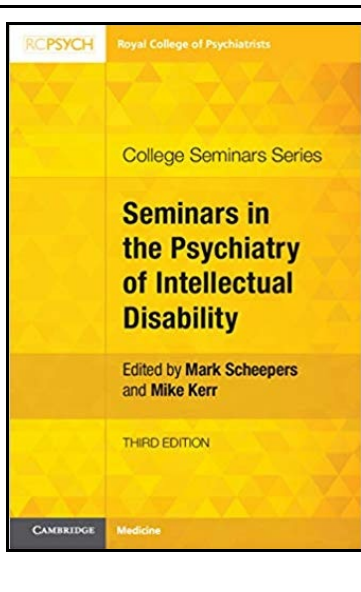
Title: Mental Health Approaches to Intellectual/Developmental Disability
 Author: Baker, Cheplic, Fletcher, and Sr. Croix
 Year: 2016
 Publisher: NADD
 ISBN-13: 978-1572561427
 Publisher's Comments: This book can be used by professionals and care providers for a variety of purposes: (a) to train others for professional development (train-the-trainer model), (b) as a resource guide for individual study, or (c) as a reference guide. Proper support of mental wellness among persons with IDD requires a significant body of information, and the authors of this book are happy to offer it as a means for educating professionals and care providers.

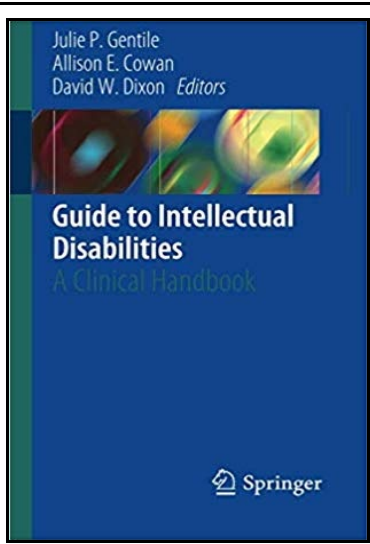
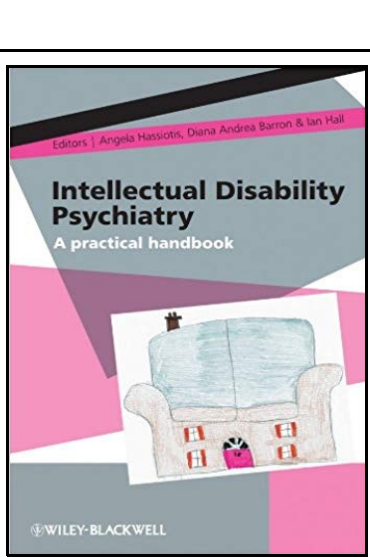
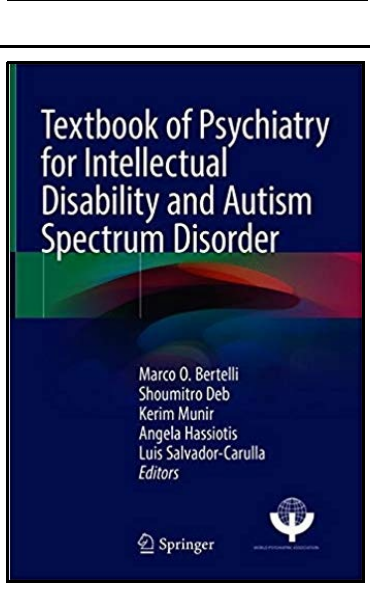


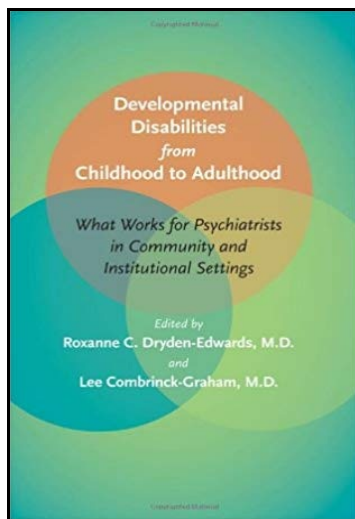
Title: Attacking Anxiety: A Step-by-Step Guide to an Engaging Approach to Treating Anxiety and Phobias in Children with Autism and Other Developmental Disabilities
 Author: Naomi Chedd and Karen Levine
 Year: 2015
 Publisher: Jessica Kingsley Publishers
 ISBN-13: 978-1849057882
 Publisher's Comments: Drawing on the principles of Cognitive Behavioral Therapy (CBT), this book sets out a clear, enjoyable, step-by-step approach for addressing the sorts of anxieties, fears and phobias that are so common in children and teens with Autism Spectrum Disorders (ASD) and related challenges.



Title: Diagnostic Manual - Intellectual Disability: A Clinical Guide for Diagnosis
 Editor: Robert Fletcher
 Year: 2018
 Publisher: NADD
 ISBN-13: 978-1572561311
 Publisher's Comments: This book offers clinicians who work with individuals with intellectual disabilities a convenient, easy-to-use reference for applying DSM-5 diagnostic criteria to their clients. Grounded in evidence based methods and supported by the expert-consensus model, DM-ID-2 Clinical Guide offers a broad examination of the issues involved in applying diagnostic criteria for psychiatric disorders to persons with intellectual disabilities.

	<p>Title: Mental Health, Intellectual Disabilities, and the Aging Process</p> <p>Editor: Davidson, Prasher, Janicki</p> <p>Year: 2008</p> <p>Publisher: Wiley-Blackwell</p> <p>ISBN-13: - -</p> <p>Publisher's Comments: This book part of a series by the International Association for the Scientific Study of Intellectual Disabilities. It is a practical resource for those involved with the support, care and treatment of persons with intellectual disabilities, and should prove particularly useful as this community achieves increased longevity. It is divided into three parts: Prevalence and Characteristics; Diagnosis and Treatment; and Service Issues.</p>
	<p>Title: Intellectual Disability: Understanding Its Development, Causes, Classification, Evaluation, and Treatment</p> <p>Author: James C. Harris, M.D.</p> <p>Year: 2005</p> <p>Publisher: Oxford University Press</p> <p>ISBN-13: 978-0195178852</p> <p>Publisher's Comments: It utilizes a developmental perspective and reviews the various types of intellectual disabilities, discusses approaches to classification, diagnosis, and appropriate interventions. Case examples are included in each section to highlight specific diagnostic and treatment issues. reviews evaluations for behavioral and emotional problems, genetic factors, appropriate psychosocial, medical, and pharmacological interventions, and family and community support.</p>
	<p>Title: Seminars in the Psychiatry of Intellectual Disability</p> <p>Editor: Mark Sheepers and Mark Kerr</p> <p>Year: 2019</p> <p>Publisher: Cambridge University Press</p> <p>ISBN-13: 978-1108465069</p> <p>Publisher's Comments: Now in its third edition, this textbook presents intellectual disability and psychiatric presentation through the ages, to present a clear focus on issues relevant to psychiatric aspects for children and adults, at different stages of life. Key for multiple professional groups, and authored by leading specialists, this text provides the definitive collection of cutting-edge research on the psychiatry of intellectual disability. It covers psychiatric diagnosis and management, behaviour, health issues, and mortality to the delivery of services (historic and current).</p>

	<p>Title: Guide to Intellectual Disabilities: A Clinical Handbook</p> <p>Editor: Gentile, Cowan, Dixon</p> <p>Year: 2019</p> <p>Publisher: Springer</p> <p>ISBN-13: 978-3030044558</p> <p>Publisher's Comments: This text covers the psychiatric and medical assessment of dual-diagnosis patients, neurologic conditions, interviewing techniques, and medications. These patients are often medically fragile and have co-occurring neurologic conditions, frequently presenting to psychiatrists with behavior problems when in fact they have undiagnosed, under-diagnosed or under-treated medical conditions. This book offers a pathway to accurate diagnosis and treatment.</p>
	<p>Title: Intellectual Disability Psychiatry: A Practical Handbook</p> <p>Author: Hassiotis, Barron, and Hall</p> <p>Year: 2013</p> <p>Publisher: Wiley</p> <p>ISBN-13: 978-0470742518</p> <p>Publisher's Comments: This book is a comprehensive and accessible guide to the management of mental health problems in people with intellectual disabilities. It will help healthcare professionals make an accurate diagnostic assessment and develop and implement an holistic, person-centered, evidence-based management plan that includes psychological and pharmacological treatment and social interventions.</p>
	<p>Title: Textbook of Psychiatry for Intellectual Disability And Autism Spectrum Disorder</p> <p>Editor: Bertelli, Deb, Munir, Hassiotis, Salvador-Carulla</p> <p>Year: Fall 2020</p> <p>Publisher: Springer</p> <p>ISBN-13: 978-3319957197</p> <p>Publisher's Comments: This textbook provides a state of the art of the knowledge on the prevalence, risk and etiological factors, clinical features, assessment procedures and tools, diagnostic criteria, treatment, and prognosis of the psychiatric disorders encountered in people with intellectual disability (ID) and low-functioning autism spectrum disorder (ASD). It explains how general diagnostic criteria and assessment procedures for psychiatric disorders have to be modified for use with ID/ASD.</p>



Title: Developmental Disabilities from Childhood to Adulthood: What Works for Psychiatrists in Community and Institutional Settings

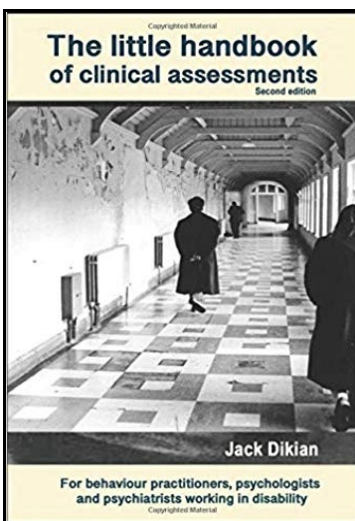
Editor: Dryden-Edwards, M.D. and Combrinck-Graham, M.D.

Year: 2010

Publisher: John Hopkins University Press

ISBN-13: 978-0801894183

Publisher's Comments: The contributors to the volume, all with extensive expertise in working with persons with developmental disabilities, cover such topics as education; community integration; psychopathology and behavior; ethical, legal, and social issues; and systems management and advocacy. The book describes practical approaches to assessing and treating such individuals.



Title: The little handbook of clinical assessments: For behavior practitioners, psychologists and psychiatrists working with people with intellectual disability

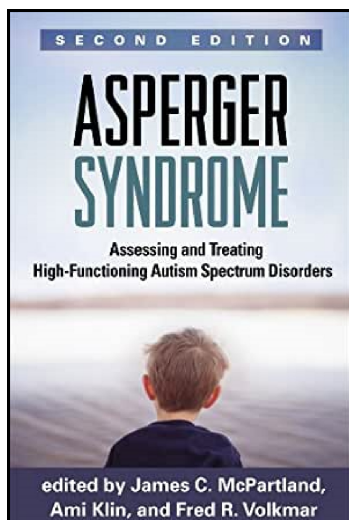
Author: Jack Dikian

Year: 2019

Publisher: Independently published

ISBN-13: 978-1072602712

Publisher's Comments: An overview of screening and assessment instruments to consider when undertaking a biopsychosocial and developmental assessments of children, young people and adults with an intellectual disability. It has chapters on developmental and behavioral screening; autism; modulation and sensory processing; support needs; behavior analysis; skills, and communication.



Title: Asperger Syndrome: Assessing and Treating High-Functioning Autism Spectrum Disorders

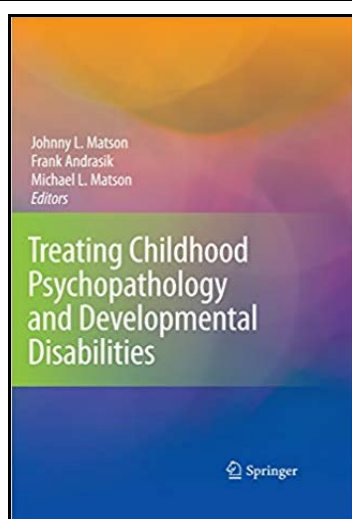
Editor: McPartland, Klin, Volkmar, Felder

Year: 2014

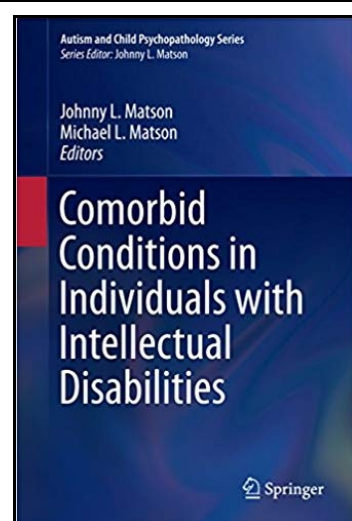
Publisher: The Guilford Press

ISBN-13: 978-1462514144

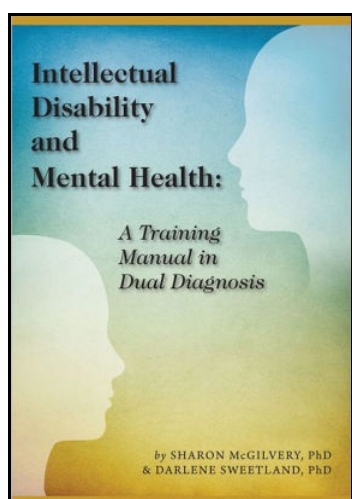
Publisher's Comments: Considered the definitive reference since its initial publication, the book focuses on how to assess each child or adolescent's needs and provide effective interventions in the areas of communication, behavior, and academic and vocational functioning. This new edition includes expanded coverage of evidence-based assessment and treatment, including two chapters on behavioral interventions.



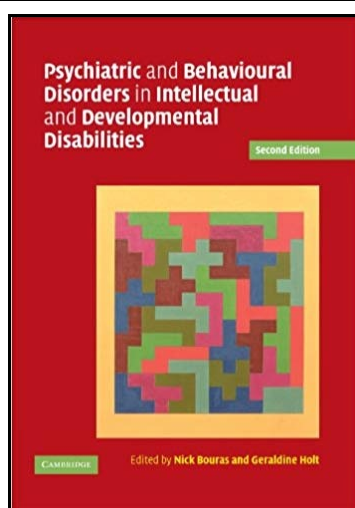
Title: Treating Childhood Psychopathology and Developmental Disabilities
 Editor: Matson, Andrasik and Matson
 Year: 2008
 Publisher: Springer
 ISBN-13: 978-0387095295
 Publisher's Comments: This book summarizes and critiques evidence-based treatment methods for pediatric patients from infancy through adolescence. It includes sections on: Cognitive-behavioral therapy and applied behavior analysis; the effects of parenting in treatment outcomes; and interventions for major childhood pathologies, including ADHD, PTSD, phobias, anxiety, depression, bipolar disorder, and conduct disorder.



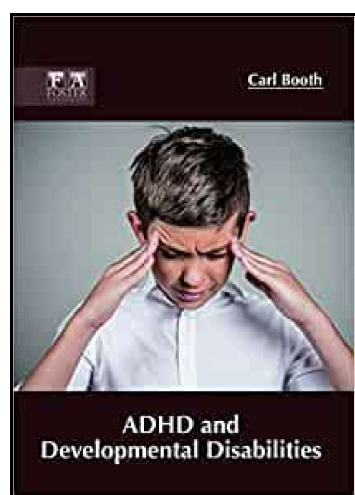
Title: Comorbid Conditions in Individuals with Intellectual Disabilities
 Editor: Matson and Matson
 Year: 2015
 Publisher: Springer
 ISBN-13: 978-3319154367
 Publisher's Comments: This comprehensive edited volume synthesizes the current state of research and practice in psychological, medical, and motor disorders as they affect individuals with intellectual disabilities (ID). It examines how these disorders exist across this population, sometimes confound diagnosis, and often affect individuals' quality of life. In addition, this book explores which treatments are effective for patients and points to future challenges.



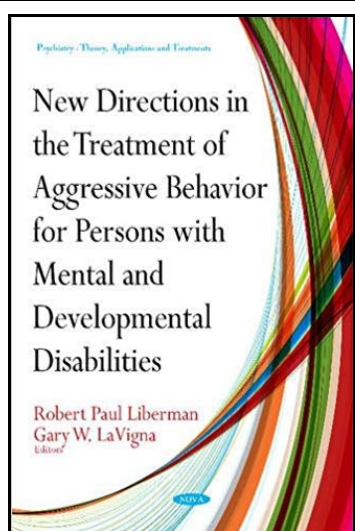
Title: Intellectual Disability and Mental Health: A Training Manual in Dual Diagnosis
 Author: McGilvery and Sweetland
 Year: 2011
 Publisher: NADD
 ISBN-13: 9781572560703
 Publisher's Comments: Based on decades of experience treating individuals who live with both intellectual disabilities and psychiatric disorders, this handbook clarifies the complex nature of working with dual diagnosis. In-depth information about the diagnostic process, hands-on treatment considerations, and the elements of proper staff training are featured. Also addressed are complicating factors in identifying proper psychiatric diagnoses.



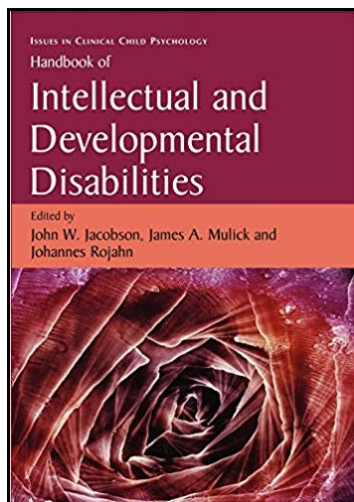
Title: Psychiatric and Behavioural Disorders in Intellectual and Developmental Disabilities
 Editor: Bouras and Holt
 Year: 2007
 Publisher: Cambridge University Press
 ISBN-13: 978-0521608251
 Publisher's Comments: An international, multidisciplinary team of experts cover the available literature in full and bring together the most relevant and useful information on mental health and behavioural problems of people with intellectual, developmental and learning disabilities and intellectual disabilities. This book offers hands-on, practical advice for psychiatrists, psychologists, nurses, therapists, social workers, managers and service providers.



Title: ADHD and Developmental Disabilities
 Editor: Carl Booth
 Year: 2018
 Publisher: Foster Academics
 ISBN-13: 978-1632425232
 Publisher's Comments: ADHD is a developmental disability and its symptoms include extreme inattention, hyperactivity and impulsivity that impairs normal functioning. ADHD usually manifests during childhood and treatments range from counseling to medication. This book includes some of the vital pieces of work being conducted across the world on various topics related to ADHD and developmental disabilities.



Title: New Directions in the Treatment of Aggressive Behavior for Persons with Mental and Developmental Disabilities
 Author: Liberman and Lavigna
 Year: 2015
 Publisher: Nova Science Publishers, Ltd.
 ISBN-13: 978-1634838573
 Publisher's Comments: This book discusses the scope of aggression among the mentally and developmentally disabled persons; basic principles for designing and validating novel treatments for aggressive behavior; comprehensive functional assessment of aggression that permits individualized design of treatment interventions with a high likelihood of success in reducing or eliminating aggression toward others or self; positive behavior supports for individuals with developmental disabilities.



Title: Handbook of Intellectual and Developmental Disabilities

Editor: Jacobson, Mulick, and Rojahn

Year: 2008

Publisher: Springer

ISBN-13: 978-0387887142

Publisher's Comments: Clinicians, academics, administrators, and mental health providers need easy-to-access, reliable information that enables them to stay abreast of the numerous advances in research, assessment, treatment, and service delivery within a real-world sociopolitical framework. To that end, the Handbook of Intellectual and Developmental Disabilities is an essential resource for any professional who works with this vulnerable population.



<https://spectruminstitute.org/>

Please submit comments about or reviews of any of these books to Spectrum Institute. Those submitting comments should let us know about your experience or interest in therapy for individuals with intellectual and developmental disabilities.

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