

California Regional Centers Authorized Vendors

Counseling, Psychology, Psychiatry

There are more than 460 vendors in California who have been approved by regional centers to provide counseling and mental health therapy services to children and adults with intellectual and developmental disabilities. This includes 203 clinical psychologists and 54 psychiatrists.* The links below go to a webpage for that regional center's list of approved service providers.

[Alta](#) – counseling (17)

[Central Valley](#) – counseling and psychology (10)

[East Bay](#) – counseling (35)

[East Los Angeles](#) – counseling (5) psychology (9) psychiatry (2)

[Far North](#) – counseling (6) psychology (4) psychiatry (3)

[Lanterman](#) – counseling (4) psychology (3)

[Golden Gate](#) – counseling (2) psychology (3)

[Harbor Regional](#) – counseling (2) psychology (17)

[Inland](#) – counseling and psychology (0)

[Kern](#) – counseling (9) psychology (5) psychiatry (10)

[North Bay](#) – counseling services (17)

[North Los Angeles](#) – counseling (7) psychology (13) psychiatry (1)

[Orange County](#) – counseling (4) psychology (3) psychiatry (2)

[Redwood Coast](#) – counseling (37) psychology (8) psychiatry (4)

[San Andreas](#) – counseling (9) psychology (7) psychiatry (6)

[San Diego](#) – counseling (2) psychology (70) psychiatry (6)

[San Gabriel/Pomona](#) – counseling (14) psychology (17) psychiatry (6)

[South Central Los Angeles](#) – counseling (1) psychology (3)

[Tri-Counties](#) – counseling (19) psychology (28)

[Valley Mountain](#) – counseling (7) psychology (2) psychiatry (7)

[Westside](#) – counseling (12) psychology (16) psychiatry (7)

* Vendor website page is not working for East Los Angeles and Redwood Coast regional centers.

This list was compiled by Spectrum Institute with the assistance of Barbara Imle, advisor to our Disability and Guardianship Project. Online: <https://spectruminstitute.org/california-therapists.pdf>